

expect RESPECT

Support Groups

Expect Respect Support Groups serve middle and high school youth who have experienced violence or abuse in their homes, peer or dating relationships. Program goals include increasing personal safety, social support and skills for healthy relationships. Boys' and girls' groups are based on a 24-week curriculum and meet weekly on campus throughout the school year.

Supporting Students Who ...

- Witness violence at home or in the community
- Have experienced child abuse (emotional, physical, sexual)
- Are the target of bullying, sexual harassment, or dating abuse
- Exhibit bullying or harassing behavior towards others
- Believe that it is OK to use threats or violence
- Have a history of aggressive behavior or bullying
- Socialize with violent peers
- Have difficulties managing anger
- Are socially isolated or rejected by peers
- Spend time almost exclusively with a dating partner
- Excuse a dating partner's abusive behavior
- Have suspicious bruises or injuries
- Use alcohol or drugs
- Worry about making a dating partner angry or jealous



Building Skills for Healthy Relationships

- Weekly support groups (55-minutes) are led by licensed counselors and trained facilitators.
- The 24-week curriculum focuses on developing communication skills, choosing equality and respect, recognizing abuse, learning skills for healthy relationships and becoming active proponents for safe and healthy relationships.
- Group activities engage students in a variety of learning experiences through educational videos, role plays and creative expression through art and poetry.

Program Evaluation

SafePlace is currently conducting a program evaluation of Expect Respect Support Groups with support from the U.S. Centers for Disease Control and Prevention.

Contact

Referrals can be made at any time by contacting a school counselor, Communities in Schools Program Manager, or Agnes Aoki at SafePlace: 512-356-1621, aaoki@SafePlace.org.